# **Behavioral Health Therapist**

Reports to: Behavioral Health Supervisor Full-time; Exempt Salary range: \$50,500 Basic Functions: Provide direct therapy and case management service to clients.



Benefits: Blue Cross Medical/Dental/Vision, 403(b) retirement plan, Holidays, 4 weeks Paid Time Off, 10 weeks paid Parental leave

### **Alternatives Overview**

Our mission is to inspire young people to create a just future through practices that heal individuals, restore communities, and transform systems. Since 1971, Alternatives has modeled innovative alternatives to the status quo in Chicago's youth services field. Our

school and community-based therapy, prevention and leadership development programs support young people to individually and collectively address causes of substance abuse, grief and trauma while building social-emotional, career and social change skills. In addition to working directly with young people, we train, coach and advocate for youth-serving institutions like Chicago Public Schools to be restorative and trauma-informed.

### **Position Overview**

The Behavioral Health Therapist will provide direct therapy and case management services to clients in the community, at schools and the community center.

## **Responsibilities:**

Perform the following from a racial, gender, sexuality, and ability equity lens: • Average the number of billable hours of direct service per week as directed by supervisor in work plan (minimum 19).

- Perform a variety of therapy, assessment, and case management services.
- Provide assessment, treatment, and training services at community locations/schools
- Conduct therapeutic groups on a variety of topics
- Support and facilitate relationships with assigned schools, including participation in an interdisciplinary team within the school or other community locations regarding social emotional needs of students.
- Maintain complete, accurate, and timely written documentation of all services provided.
- Actively participate in all agency meetings, behavioral health staffings, and supervision.

• Demonstrate knowledge of Alternatives, Inc. policies, practices, and services. • Demonstrate a commitment to Positive Youth Development, Restorative Justice

and Trauma Informed practices.

• Complete in a timely fashion all other tasks as assigned by the Behavioral Health Supervisor.

# **Qualifications:**

- 1. Master's Degree in Social Work or related field.
- 2. Clinical licensure in field of Study Preferred (LCSW, LCPC)
- 3. Spanish speaking preferred
- 4. Effective verbal and written communication skills
- 5. Past experience working with youth.
- 6. Knowledge of adolescent/family dynamics, substance abuse and trauma issues.
- 7. Cultural competency with Black/Latinx and LGBTQ+ youth.
- 8. Interest and commitment to working in a community-based youth service agency.
- 9. Consistently learning and working within the following frameworks:

Anti-oppression, Positive Youth Development, Trauma-informed and Balanced and Restorative Justice.

- 10.Skilled at working with young people at high risk for juvenile justice and child welfare system involvement
- 11. The COVID vaccine is mandatory for all employees to the full extent permissible under applicable law

# Please send a copy of your Resume and Cover Letter to Careers@alternativesyouth.org

Alternatives, Incorporated is an Affirmative Action and Equal Opportunity Employer. Representatives of the communities we serve are strongly encouraged to apply